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Bryant Terry Categories:
Soups; Summer;
Valentine's Day /
romantic; Caribbean;
Vegan; Vegetarian

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Ingredients: coconut oil;
yellow onions; carrots;
celery; fresh ginger;
paprika; coconut milk;
corn; white pepper;
cilantro; corn stock

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Preheat the oven to
375 ° F. Line a large,

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rimmed baking sheet
with parchment paper.
Put the plantains in a
large bowl, drizzle with 2
teaspoons of the oil, and
sprinkle with the salt.
Toss gently until the
plantains are evenly
coated.

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Terry, Bryant (Author)
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No Of Pages: 224. Year
Published: 2014. Author
Name: Bryant Terry. A
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